

Newsletter CSTU 2021

Steps for a safe return to Nunavik.

We have to complete all the steps to assure your boarding

1. Travelling autorisation & quarantine plan

For a safe return, you must first complete the NTAA (Nunavik territory access authorization). You can complete the survey when you book your flight if you know your quarantine plan. Attention the survey must be filled at least 72 hours before your departure from the south. We suggest that you fill it as soon as you receive your flight confirmation. You must go to <https://nunavik.canvas.kc-c.ca/ntaa>. All you need to know is your return date and the place of your quarantine. If you do not have access to the Internet, you can reach the Nunavik Health Info Line at 1-888-662-7412. Following the analysis of your questionnaire, you will receive a confirmation of travel authorization by email. Make sure you have these documents with you when you travel.

2. Quarantine

Quarantine is a mandatory and effective measure for all travellers. It must be 14 days and can be done entirely in the south or in the north or a combination of both. During your quarantine you must isolate yourself, if you are not alone and you cannot avoid direct contact, your household will have to quarantine with you. Your travel for a pre-departure screening or your travel north will not be considered as an interruption of your quarantine.

Exception :

For Critical Workers whose absence would result in a disruption of essential services, the worker may be authorized to the workplace. Considering that, he or she complies with preventive measures.

- Favour telecommuting whenever possible,
- Organize the workspace by respecting a distance of 2 metres, delimit the space and have dedicated equipment, avoid contact with customers.
- The procedure mask (surgical mask) must be worn at all times:
- Protective eyewear is required when people are less than 2 metres away.
- Strict hand hygiene must be observed at all times;

Outside working hours: Workers must adhere to a strict quarantine.

Quarantine instructions:

Monitor your symptoms

Respect the prevention measures

You can do outdoor activities on your own

You cannot receive visitors or visit public places.

3. Pre-departure COVID screening

A negative result is mandatory. You must have obtained a negative result to a test performed within 96 hours prior to your departure.

You can go to the Traveller's Clinic and make an appointment at:

Tel. 1-514-341-8888 or toll free at 1-833-341-3888

Or by email: rdv-ntc.nrbhss@ssss.gouv.qc.ca

4. Pre-boarding questionnaire

Upon your arrival at the airport, you will be asked to complete a pre-boarding questionnaire regarding your health. People with symptoms or who are in isolation will not be allowed on the flight.

Wearing a mask is mandatory on all regional flights within Nunavik.

5. Second COVID screening

A second COVID test is required on the 7th day after your arrival. It is your responsibility to make an appointment with the CLSC in your community.

*Compensation is available for your travel expenses to the clinic. Your employer agrees to compensate you for mileage between your home and the screening clinic. You must use the code 414020 on your time sheet. You can also add the actual time required for travel and screening to your time sheet using the same code. You must also have proof of address from the clinic.